

Next Stop: A Better Life.

At Valley Baptist, we believe in helping you live a healthier life. One of the Valley Baptist community health vans will travel to your community weekly.

During the month of February 2010, Valley Baptist will be offering low cost and **FREE** health screenings in your area.

For a complete screening list and to schedule your appointment, call **(956) 389-4848** between 8AM -5:30PM or visit **www.valleybaptist.net** for more information.

**FREE BONE MASS DENSITY
(OSTEOPOROSIS SCREENING)
8 - 12 PM**

Weslaco
Wal-Mart,
1310 North Texas Blvd
Wednesday, 02/10

Harlingen
Wal-Mart,
1801 W. Lincoln Ave
Thursday, 02/18

Brownsville
Kmart,
2440 Pablo Kisel
Friday, 02/26

**FREE ABI SCREENINGS
(PERIPHERAL ARTERY
DISEASE) • 8:00 - 12 PM**

Harlingen
Wal-Mart,
1801 W. Lincoln Ave
Monday 02/08

Brownsville
Kmart,
2440 Pablo Kisel
Tuesday, 02/16

**MOBILE LAB SCREENINGS
7:30 - 12 PM**

Weslaco
Wal-Mart,
1310 North Texas Blvd
Friday, 02/05

San Benito
Wal-Mart,
1126 W. Business 77
Tuesday, 02/09

Harlingen
Wal-Mart,
1801 W. Lincoln Ave
Thursday, 02/11
Thursday, 02/25

Brownsville
Kmart,
2440 Pablo Kisel
Friday, 02/12

La Feria
Auto Zone,
504 N. Main St.
Wednesday, 02/17

Port Isabel
Wal-Mart,
1401 W. Hwy 100
Tuesday, 02/23





Valley Baptist

Heart & Vascular Outreach Services

Believe in a better life



Valley Baptist Medical Center
2101 Pease Street
Harlingen, TX 78551
(956) 389-4848

Cardiac Screening

- **Echocardiogram \$75**
2-D ultrasound that uses sound waves and moving pictures of the heart to assess the pumping function of the heart that can show the doctor if there is heart disease or problems with the heart valves
- **Electrocardiogram (EKG) \$20**
Determines the heart rate, and rhythm
- **Blood Pressure Free**
Measures the force of blood that goes through vessels when heart pumps
- **Lipid Panel \$20**
Cholesterol, triglycerides, HDL, LDL
- **Cardio Reactive Protein \$25**
Can predict Vascular Disease, Heart Attack and Stroke

Vascular Screening

- **Carotid Artery Ultrasound \$45**
Screens the carotid arteries in neck for blockage that can cause a **STROKE**
- **Abdominal Aortic Ultrasound \$40**
Screens for the existence of an aneurysm in the abdominal aorta which may rupture and may cause massive internal bleeding, a situation that is usually fatal
- **Ankle Brachial Index \$40**
Detects Peripheral Artery Disease
A condition in which the arteries that carry blood to the muscles of the legs become narrowed and hardened due to plaque build up

Osteoporosis Screening

- **Bone Mass Density \$20**
Measures the strength of bones and determines the risk of bone fracture

Lab Test

- **PSA \$20**
- **TSH \$25**
- **CBC w differential \$15**
- **Ferritin \$15**
- **Iron Panel (Iron/TIBC) \$15**
- **Anemia Profile (CBC, Ferritin, Iron, TIBC) \$35**
- **Hemoglobin A1c \$15**
- **Diabetes Profile (Glucose, A1c, Insulin level) \$30**
- **Prothrombin Time/INR \$15**
- **Hepatic Panel (liver function) \$10**
- **Basic Metabolic Panel (kidney function) \$15**
- **Complete Metabolic Panel (liver/kidney function) \$20**
- **Arthritic Profile \$20**
- **FSH (follicle stimulating hormone) \$20**
- **LH (lutineining hormone) \$20**

For more information on these low cost screenings or to schedule an appointment please call
(956) 389-4848

All results will be received within 3-5 business days. We do not participate in the Medicare program nor do we file insurance claims

Please visit our website; valleybaptist.net for information regarding screening locations