

On How Praise Builds A Positive Relationships



There's a lot of power in praising people, according to Chris Widener, president of Made for Success and Extraordinary leaders. Widener says it's very important to develop successful relationships in life, and one great way to do that is look for what is truly good in others and then tell them about it. Widener says we all have a choice in our life approach, and that approach can either be life giving or life taking, meaning that we can either choose to be positive or negative forces in other peoples' lives. In other words, you either spend your time and energy building people up or tearing people down.

Which kind of person are you? What kind of manager do you want to be? Do you know how to build a person up? Widener says praise is one of the main ways you can build someone up. When you praise someone, and there has to be truth in that praise, something amazing often then takes place. Something starts to grow and change in the other person, and your relationship often becomes deeper and more fulfilling as a result.

Widener says to think about what kind of leader you want to be: one who builds people up or tears them down? The choice is yours.